

Timberlands Limited COVID-19 Alert Level 1 & 2

SIGN OFF SHEET

Name of PCBU: _____

I/We certify that this Sign off Sheet has been read and understood and that the following COVID-19 Alert Level 1 & 2 Key points for **Forestry** and the **NZ Government Golden Rules** are practiced and monitored daily whilst in the Kaingaroa Forest Estate.

Forestry Key Points for Alert Levels 1 & 2

- If people are unwell, they should stay at home
- Sneeze and cough into your elbow
- Maintain hygiene protocols: Hand washing / sanitising and cleaning shared surfaces
- Maintain contact tracing
- **Maintain social distancing of 1-2 metres, especially in public places or with people you are unfamiliar with (Level 2)**

NZ Government Golden Rules for Alert Levels 1 & 2

1. If you're sick, stay home. Don't go to work. Don't socialise.
2. If you have a cold or flu like symptoms call your doctor or Healthline 0800 358 5453.
3. Wash your hands. Wash your hands. Wash your hands.
4. Sneeze or cough into your elbow.
5. Regularly disinfect shared surfaces.
6. If you are told by health authorities to self-isolate you must do so immediately.
7. If you're concerned about your wellbeing, or have existing health conditions, work with your GP to understand how best to stay healthy.
8. Keep track of where you've been and who you've seen to help contact tracing if needed. Display the NZ COVID Tracer app at all worksites and encourage using the QR Code to trace whereabouts of visitors to your work/social sites, or when you travel to other work/social sites.
9. Businesses should help people keep track of their movements by displaying the Ministry of Health QR Code for contact tracing.
10. Stay vigilant. There is still a global pandemic going on. People and businesses should be prepared to act fast to step up to higher COVID-19 Alert Levels if required.
11. **Maintain social distancing of between 1-2 metres at all times (Level 2).**

Be kind to yourself and others. People will have had different experiences in the last couple of months. Whatever you are feeling, its okay. Text or call 1737 if you need support. Wellbeing resources are available on the Safetee website <https://safetree.nz/resources/talking-topics-health-cards/>

Title	Name	Signature & Date
PCBU Approval:		
Timberlands Limited Approval:		

Timberlands Limited, OHS Lead Acknowledgement:

Signed by Carl Stent: _____

Date: _____