

# Timberlands Limited

## COVID-19 Restart & Remain Safe Procedures & Practices Standard

# COVID-19 Alert Level 1

## SRP Sign Off Sheet

**Name of PCBU:** \_\_\_\_\_

I / We certify that this sign off sheet has been read and understood and that the following COVID-19 Alert Level 1 Forestry Key points and the NZ Government’s 10 Golden Rules will be practiced and monitored daily whilst operating in the Kaingaroa Forest Estate under Alert Level 1.

### Forestry Key Points for Alert Level 1

- If people are unwell, they should stay home
- Sneeze and cough into your elbow
- Maintain hygiene protocols: hand washing / sanitising and cleaning shared surfaces
- Maintain contact tracing

### NZ Government’s 10 Golden Rules for Alert Level 1

1. If you’re sick, stay home. Don’t go to work. Don’t socialise.
2. If you have a cold or flu like symptoms call your doctor or Healthline 0800 3585453
3. Wash your hands. Wash your hands. Wash your hands.
4. Sneeze or cough into your elbow.
5. Regularly disinfect shared surfaces.
6. If you are told by health authorities to self-isolate you must do so immediately.
7. If you’re concerned about your wellbeing, or have existing health conditions, work with your GP to understand how best to stay healthy.
8. Keep track of where you’ve been and who you’ve seen to help contact tracing if needed. Use the NZ COVID Tracer app as a handy way of doing this.
9. Businesses should help people keep track of their movements by displaying the Ministry of Health QR Code for contact tracing.
10. Stay vigilant. There is still a global pandemic going on. People and businesses should be prepared to act fast to step up Alert Levels if required.

Be kind to yourself and others. People will have had different experiences in the last couple of months. Whatever your feeling, its okay. Text or call 1737 if you need support. Wellbeing resources are available on the Safetree website <https://safetree.nz/resources/talking-topics-health-cards/>

Title	Name	Signature & Date
PCBU Manager Approval:		
TL Contract Manager Approval:		
TL Senior Manager Approval:		

Signature & Date

Carl Stent  
**Timberlands OHS Lead Acknowledgement**